

Asia 12 Step Skype Online Meetings

Updated 4 February 2012

Day	Type	Skype Name	GMT	Beijing	Korea/Japan	Sydney DST	California DST	Central EuropeanDST	Notes
Sunday	AA Discussion	AAJakarta	2:00	10:00AM	11:00AM	1:00PM	7:00PM(Sat)	3:00AM	Indonesia based mtg
Sunday	AA Discussion	AAOnlineMeeting	2:00	10:00AM	11:00AM	1:00PM	7:00PM(Sat)	3:00AM	Korea/Japan/China based mtg
Sunday	AA Discussion	ChinaAAmeeting	11:00	7:00PM	8:00PM	10:00PM	4:00AM	12:00PM	Korea/Japan/China based mtg
Sunday	AA Big Book	AAOnlineMeeting	12:30	8:30PM	9:30PM	11:30PM	5:00AM	1:30PM	Korea/Japan/China based mtg
Sunday	SLAA	SkypeSLAAHOW	13:00	9:00PM	10:00PM	12:00AM(Mon.)	5:30AM	2:00PM	Sex & Love Addicts Anonymous
Monday	AA Women Disc.	aawomensmeeting	15:30	11:30PM(Sun)	12:30AM	2:30AM	7:00AM(Sun)	4:30PM(Sun)	Europe based Mtg
Monday	CoDA Discussion	SkypeCoDAhow	21:00	5:00AM	6:00AM	8:00AM	4:00PM(Sun)	10:00PM(Sun)	CoDependents Anonymous
Monday	AA Big Book	AAOnlineMeeting	22:30	6:30AM	7:30AM	9:30AM	3:30PM(Sun)	11:30PM(Sun)	Korea/Japan/China based mtg
Monday	SLAA	skypeSLAAHOW	9:00	5:00PM	6:00PM	8:00PM	2:00AM	10:00AM	Sex & Love Addicts Anonymous
Monday	AA Traditions	ChinaAAmeeting	11:00	7:00PM	8:00PM	10:00PM	4:00AM	12:00PM	China based mtg
Monday	AA Discussion	MondayMeeting7pm	12:00	8:00PM	9:00PM	11:00PM	5:00AM	1:00PM	Thailand based mtg
Monday	AA Daily Relections	AAOnlineMeeting	12:30	8:30PM	9:30PM	11:30PM	5:30AM	1:30PM	Korea/Japan/China based mtg
Monday	CoDA Discussion	SkypeCoDAhow	13:00	9:00PM	10:00PM	12:00AM(Tues)	6:00AM	2:00PM	CoDependents Anonymous
Tuesday	AA Discussion	First164YP	20:00	4:00AM	5:00AM	7:00AM	1:00PM(Mon)	9:00PM(Mon)	Europe based mtg
Tuesday	CoDA Discussion	SkypeCoDAhow	20:00	4:00AM	5:00AM	7:00AM	1:00PM(Mon)	9:00PM(Mon)	CoDependents Anonymous
Tuesday	CoDA Discussion	codaonline.asiapacific	22:30	6:30AM	7:30AM	9:30AM	3:30PM(Mon)	11:30PM(Mon)	alt ID: AAOnlineMeeting
Tuesday	CoDA Discussion	SkypeCoDAhow	8:00	4:00PM	5:00PM	7:00PM	1:00AM	9:00AM	CoDependents Anonymous
Tuesday	AA Discussion	ChinaAAmeeting	11:00	7:00PM	8:00PM	10:00PM	4:00AM	12:00PM	China based mtg
Tuesday	AA Women Disc.	tuesdaywomensskype	12:30	8:30PM	9:30PM	11:30PM	5:30AM	1:30PM	
Wednesday	AA Discussion	First164YP	20:00	4:00AM	5:00AM	7:00AM	1:00PM(Tues)	9:00PM(Tues)	Europe based mtg
Wednesday	AA Big Book	AAOnlineMeeting	22:30	6:30AM	7:30AM	9:30AM	3:30PM(Tues)	11:30PM(Tues)	Korea/Japan/China based mtg
Wednesday	CoDA Discussion	SkypeCoDAhow	23:00	7:00AM	8:00AM	10:00AM	4:00PM(Tues)	12:00AM	CoDependents Anonymous
Wednesday	AA Speaker	AAOnlineMeeting	12:30	8:30PM	9:30PM	11:30PM	5:30AM	1:30AM	Korea/Japan/China based mtg
Thursday	AA Discussion	First164YP	20:00	4:00AM	5:00AM	7:00AM	1:00PM(Weds)	9:00PM(Weds)	Europe based mtg
Thursday	CoDA Discussion	codaonline.asiapacific	22:30	6:30AM	7:30AM	9:30AM	3:30PM(Weds)	11:30PM(Weds)	alt ID: AAOnlineMeeting
Thursday	CoDA Discussion	SkypeCoDAhow	9:00	5:00PM	6:00PM	8:00PM	2:00AM	10:00AM	CoDependents Anonymous
Thursday	AA Discussion	ChinaAAmeeting	11:00	7:00PM	8:00PM	10:00PM	4:00AM	12:00PM	China based mtg
Thursday	AA LGBT	OutInSeoul	12:30	8:30PM	9:30PM	11:30PM	5:30AM	1:30PM	Lesbian, Gay, Bisexual, Transgender
Thursday	AI-Anon	Alanon.Skype.Meeting	12:30	8:30PM	9:30PM	11:30PM	5:30AM	1:30PM	
Friday	AA Discussion	First164YP	18:00	2:00AM	3:00AM	5:00AM	11:00AM	7:00PM(Thurs)	Europe based mtg
Friday	AA Women Disc.	aawomensmeeting	20:00	4:00AM	5:00AM	7:00AM	1:00PM	9:00PM(Thurs)	Europe based mtg
Friday	AA Big Book	AAOnlineMeeting	22:30	6:30AM	7:30AM	9:30AM	3:30PM(Thurs)	11:30PM(Thurs)	Korea/Japan/China based mtg
Friday	SLAA	SkypeSLAAHOW	9:00	5:00PM	6:00PM	8:00PM	2:00AM	10:00AM	Sex & Love Addicts Anonymous
Friday	AA Step/Promises	AAOnlineMeeting	12:30	8:30PM	9:30PM	11:30PM	5:30AM	11:30AM	Korea/Japan/China based mtg
Saturday	AA 12 & 12	AAOnlneMeeting	1:00	9:00AM	10:00AM	12:00PM	6:00PM(Fri)	2:00AM	Korea/Japan/China based mtg
Saturday	SLAA Step Mtg	SkypeSLAAHOW	9:00	5:00PM	6:00PM	8:00PM	2:00AM	10:00AM	Sex & love Addicts Anonymous
Saturday	AA Literature	AAOnlineMeeting	12:30	8:30PM	9:30PM	11:30PM	5:30AM	1:30PM	Korea/Japan/China based mtg

Instructions to Join:

1. Download most current version of skype from www.skype.com 2. Create an account
3. Add Contact. Type in Skype Name above and say you are friend of Bill W(for AA meetings) when you send the invite
4. Login a few minutes before start of meeting. When you see the meeting ID online send them a text message that you would like to be added to the meeting
5. Make sure when you are not speaking your microphone is muted. Please contact Jeff S. for any questions or comments: jmskor@yahoo.com or skype ID [jeffsinternational](#)



Note: If you want to convert to your time zone please visit: <http://www.timeanddate.com/worldclock/converter.html>